



# Mini Marauder Breakfast Menu

Breakfast is served in the school cafeteria daily.  
Extra Student/Adult Breakfast \$2.50.

## BREAKFAST MENU

Meal includes entree, assorted fresh fruit, and/or 100% fruit juice, and low-fat milk. All grains served are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin with Yogurt	Cheerios	Muffin with String Cheese	Banana Bread	Muffin with Yogurt

*\*Menu is subject to change\**

*Breakfast is served in all buildings on 2-hour delays – menus may be altered to accommodate.*

## BENEFITS OF BREAKFAST

- Children who eat breakfast are more likely to behave better in school.
- Breakfast improves attention, problem-solving tasks, and memory.
- Eating breakfast can help improve math, reading, and standardized test scores.
- Studies have shown that children who eat breakfast regularly are less likely to be overweight.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**FREE MEALS! *Exciting news!*** The USDA has approved a nationwide waiver due to the ongoing COVID-19 pandemic that provides ALL students, regardless to socioeconomic status, FREE meals at school. Take advantage and fuel your child at no cost. A la Carte prices still apply.