



# Mini Marauder Breakfast Menu

Breakfast is served in the school cafeteria daily.

Student Breakfast cost \$1.65 or \$0.30 reduced. Adults \$2.00

## BREAKFAST MENU

Meal includes entree, assorted fresh fruit, and/or 100% fruit juice, and low-fat milk. All grains served are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Blueberry Waffles	Whole Grain Banana Muffin with Yogurt	Pancake Wrap Bites	Cheerios Breakfast Kit	Beef Sausage Breakfast Sandwich

*\*Menu is subject to change\**

*Breakfast is served in all buildings on 2-hour delays – menus may be altered to accommodate.*

## BENEFITS OF BREAKFAST

- Children who eat breakfast are more likely to behave better in school.
- Breakfast improves attention, problem-solving tasks, and memory.
- Eating breakfast can help improve math, reading, and standardized test scores.
- Studies have shown that children who eat breakfast regularly are less likely to be overweight.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**FREE MEALS! *Exciting news!*** The USDA has approved a nationwide waiver due to the ongoing COVID-19 pandemic that provides ALL students, regardless to socioeconomic status, FREE meals at school. Take advantage and fuel your child at no cost. A la Carte prices still apply.