

APRIL | 2021

Shield Cafe Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29 Monday Alternatives:</p> <ul style="list-style-type: none"> Yogurt Parfait Spicy Chicken Sandwich 	<p>30 Tuesday Alternatives:</p> <ul style="list-style-type: none"> Philly Steak and Cheese Sub Grilled Cheese Wow Butter and Jelly Sandwich 	<p>31 Wednesday Alternatives:</p> <ul style="list-style-type: none"> Chef Salad Grilled Cheese Wow Butter and Jelly Sandwich 	<p>1 Thursday Alternatives:</p> <ul style="list-style-type: none"> Philly Steak and Cheese Sub Grilled Cheese Wow Butter and Jelly Sandwich 	<p>2 Friday Alternatives:</p> <ul style="list-style-type: none"> Yogurt Parfait Breaded Chicken Sandwich
<p>5 Mozzarella Sticks w/ Marinara Sauce Broccoli</p>	<p>6 Popcorn Chicken w/ Dipping Sauce and Dinner Roll Baked Beans</p>	<p>7 French Toast Sticks w/ Turkey Sausage Patty and Syrup Hashbrown Rounds</p>	<p>8 Orange Chicken w/ Fried Rice Cauliflower Bites</p>	<p>9 French Bread Pizza Carrots</p>
<p>12 Soft Tacos w/ Salsa Refried Beans</p>	<p>13 Chicken Bites w/ Waffles and Strawberry Topping and Syrup Sweet Potato Crinkle Cut Fries</p>	<p>14 Pulled Pork on a Bun Green Beans</p>	<p>15 Stuffed Turkey Pepperoni Pocket Broccoli</p>	<p>16 Cheeseburger Sliders w/ Condiments Corn</p>
<p>19 Beef Chili w/ Beans Cornbread Cookie Carrots</p>	<p>20 Meatball Sub Sandwiches Celery Sticks</p>	<p>21 Stuffed Crust Pizza Broccoli</p>	<p>22 Meatloaf w/ Dinner Roll Mashed Potatoes</p>	<p>23 Regular or Spicy Chicken Tenders w/ Dipping Sauce and Mac and Cheese Baked Beans</p>
<p>26 Bosco Sticks w/ Marinara Sauce Broccoli</p>	<p>27 General Tso's Chicken w/ Fried Rice Edamame</p>	<p>28 Rotini and Meat Sauce w/ Garlic Toast Green Beans</p>	<p>29 Mini Corn Dogs w/ Dipping Sauce French Fries</p>	<p>30 Calzones Mixed Peppers</p>

News

The USDA Waiver is still in effect!

Build a Meal

Choose 3-5 meal components to build a healthy balanced meal.

- Pick an entrée
- Pick 1-2 fruit choices
- Pick 1-2 vegetable choices
- Pick a milk choice

Meals MUST include at least 1 fruit and/or vegetable to qualify for meal pricing.

A La Carte Pricing Still Applies

Free Water Available