



# Elementary Breakfast Menu

Breakfast is served in the school cafeteria daily.  
Extra Student/Adult Breakfast \$2.50.

## HOT BREAKFAST MENU

Meal includes hot entrée, fruit, and/or 100% fruit juice, and milk. Students must take a fruit and/or juice to qualify for the meal price.

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin With Yogurt	Bagel	Banana Bread	Cinnamon Roll	Donut

*\*Menu is subject to change\**

## DAILY BREAKFAST MENU

- Fruit and/or 100% Fruit Juice
- Milk

*Breakfast is served in all buildings on 2-hour delays – menus may be altered to accommodate.*

## BENEFITS OF BREAKFAST

- Children who eat breakfast are more likely to behave better in school.
- Breakfast improves attention, problem-solving tasks, and memory.
- Eating breakfast can help improve math, reading, and standardized test scores.
- Studies have shown that children who eat breakfast regularly are less likely to be overweight.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**FREE MEALS!** *Exciting News!* The USDA has approved a nationwide waiver due to the ongoing COVID-19 pandemic that provides ALL students, regardless to socioeconomic status, FREE meals at school. Take advantage and fuel your child at no cost! A la Carte prices still apply.