

Lunch Prices:

Regular- \$ 2.85  
Reduced- \$0.40  
Adult- \$3.50  
Milk (a la carte) - \$0.50

# MAY | 2019

## McCordsville Lunch Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

29

Popcorn Chicken w/  
Dinner Roll  
Mashed Potatoes  
Fresh Veggies  
Assorted Fruit  
Milk

30

Crazy Tacos w/ Nacho  
Cheese Doritos  
Refried Beans  
Fresh Veggies  
Assorted Fruit  
Milk

1

Breaded Chicken Patty  
Sandwich  
Steamed Crinkle Carrots  
Fresh Veggies  
Assorted Fruit  
Milk

2

Spaghetti & Meatballs w/  
Garlic Toast  
Green Beans  
Fresh Veggies  
Assorted Fruit  
Milk

3

Classic Cheese Pizza<sup>V</sup>  
Fresh Garden Salad  
Fresh Veggies  
Assorted Fruit  
Milk

6

Chicken Bites & Dutch  
Waffle<sup>V</sup> w/ Strawberry  
Topping  
Sweet Potato Puffs  
Fresh Veggies  
Assorted Fruit  
Milk

7

Corn Dog on a Stick w/  
Dipping Sauce  
Country Baked Beans<sup>P</sup>  
Fresh Veggies  
Assorted Fruit  
Milk

8

Sloppy Joes  
Steamed Vegetable Medley  
Fresh Veggies  
Assorted Fruit  
Milk

9

Crispy Fish Nuggets w/  
Tartar Sauce  
Ranch Wedge Fries  
Assorted Fruit  
Fresh Veggies  
Milk

10

Assorted Pizza<sup>P</sup> Day  
Fresh Garden Salad  
Fresh Veggies  
Assorted Fruit  
Milk

13

Assorted Chicken w/  
Cheesy Pretzel Stick<sup>V</sup>  
Steamed Broccoli  
Fresh Veggies  
Assorted Fruit  
Milk

14

French Toast Sticks<sup>V</sup> w/  
Syrup & Sausage Patty  
Emoji Spuds  
Fresh Veggies  
Assorted Fruit  
Milk

15

Cheesy Beef Nachos  
w/ Tostitos Chips  
Sweet Corn  
Fresh Veggies  
Assorted Fruit  
Milk

16

Hamburger or  
Cheeseburger  
Country Baked Beans<sup>P</sup>  
Fresh Veggies  
Assorted Fruit  
Milk

17

Mozzarella Cheese  
Sticks<sup>V</sup>  
Marinara Dipping Cup  
Steamed Veggie Blend  
Fresh Veggies  
Assorted Fruit  
Milk

20

Assorted Chicken w/  
Dinner Roll  
Mashed Potatoes  
Fresh Veggies  
Assorted Fruit  
Milk

21

Crazy Tacos w/ Nacho  
Cheese Doritos  
Refried Beans  
Fresh Veggies  
Assorted Fruit  
Milk

22

Grilled Cheese Sandwich<sup>V</sup>  
Tomato Soup  
Fresh Veggies  
Assorted Fruit  
Milk

23

Spaghetti & Meatballs w/  
Garlic Toast  
Green Beans  
Fresh Veggies  
Assorted Fruit  
Milk

24

Assorted Pizza<sup>P</sup> Day  
Fresh Garden Salad  
Fresh Veggies  
Assorted Fruit  
Milk

27

Memorial Day  
No School

28

**Field Day!**  
Deli Sandwich & Chips  
Veggie Bites w/ Ranch Dip  
100% Fruit Juice Slushie  
Milk

29

Corn Dog on a Stick w/  
Dipping Sauce  
Country Baked Beans<sup>P</sup>  
Fresh Veggies  
Assorted Fruit  
Milk

30

**Last Day of School!**  
Pizza<sup>P</sup> Party  
Fresh Garden Salad  
Fresh Veggies  
Assorted Fruit  
Milk

31

<sup>V</sup> = Vegetarian Item  
<sup>P</sup> = Contains Pork

### Build a Meal

Choose 3-5 meal components to build a healthy, balanced meal:

1. Protein
2. Whole Grain
3. Vegetable
4. Fruit
5. Low-fat Milk

-One component *must* be at least a ½ c fruit and/or vegetable to make a meal.

-Students may choose up to 2 fruit choices and 2 vegetable choices, offered daily.

-All entrees include: Protein + Grain

-May choose only Milk + Veggie + Fruit

### Daily Alternative Choices

All alternative entrees come with choice of milk, fruit, and/or vegetable.

### Chef Salad (Everyday)

Leafy green lettuce topped with grape tomatoes, shredded cheddar cheese, and choice of eggs<sup>V</sup>, ham, or turkey. Choice of 1-2 grain sides.

### Grab & Go

M/W/F:

- Peanut-free Wowbutter<sup>V</sup> & Jelly sandwich<sup>V</sup> (w/ 1-2 protein/grain sides)
- Low-fat yogurt<sup>V</sup> and/or reduced-fat string cheese<sup>V</sup> (w/ 1-2 grain sides)

T/TH:

- Anytimers Lunch Kits (Compare to Lunchables): Pizza or Turkey & Cheese Crackers

FREE water available for every student