



MAY | 2020

Elementary Lunch

Lunch Prices:
 Regular- \$ 2.95
 Reduced- \$0.40
 Adult- \$3.60
 Milk (a la carte)- \$0.50

^v = Vegetarian Item
^p = Contains Pork

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Hamburger/ Cheeseburger Crinkle Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk	28 Fiestada Pizza Steamed Sweet Corn Assorted Fruits Fresh Veggies Choice of Milk	29 Breaded Chicken Drumsticks Pasta Salad Baked Beans ^p Assorted Fruits Fresh Veggies Choice of Milk	30 Mozzarella Cheese Sticks ^v w/ Marinara Dipping Cup Green Beans Assorted Fruits Fresh Veggies Choice of Milk	1 Crispy Fish Nuggets Shoestring French Fries Assorted Fruits Fresh Veggies Choice of Milk
4 Mini Pepperoni Pizza Calzones Green Beans Assorted Fruits Fresh Veggies Choice of Milk	5 Soft Ground Beef Taco Refried Beans Assorted Fruits Fresh Veggies Choice of Milk	6 French Toast Sticks ^v w/ Sausage Patty Emoji Spuds Assorted Fruits Fresh Veggies Choice of Milk	7 Chicken Nuggets w/ Dinner Roll Crinkle Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk	8 Bosco Cheese Sticks ^v w/ Marinara Dipping Cup Seasoned Roasted Broccoli Assorted Fruits Fresh Veggies Choice of Milk
11 Chicken Bites & Dutch Waffle w/ Strawberry Topping Sweet Potato Puffs Assorted Fruits Fresh Veggies Choice of Milk	12 Rotini & Meat Sauce w/ Garlic Toast Garlic Roasted Broccoli Assorted Fruits Fresh Veggies Choice of Milk	13 Corn Dog on a Stick Baked Beans ^p Assorted Fruits Fresh Veggies Choice of Milk	14 Beef Teriyaki Dippers w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk	15 Double Stuffed Crust Cheese Pizza ^v Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk
18 Hamburger/ Cheeseburger Crinkle Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk	19 Fiestada Pizza Steamed Sweet Corn Assorted Fruits Fresh Veggies Choice of Milk	20 Breaded Chicken Drumsticks Pasta Salad Baked Beans ^p Assorted Fruits Fresh Veggies Choice of Milk	21 Mozzarella Cheese Sticks ^v w/ Marinara Dipping Cup Green Beans Assorted Fruits Fresh Veggies Choice of Milk	22 Crispy Fish Nuggets Shoestring French Fries Assorted Fruits Fresh Veggies Choice of Milk
25 Memorial Day No School	26 Soft Ground Beef Taco Refried Beans Assorted Fruits Fresh Veggies Choice of Milk	27 French Toast Sticks ^v w/ Sausage Patty Emoji Spuds Assorted Fruits Fresh Veggies Choice of Milk	28 <i>Last Day!</i> Chicken Nuggets w/ Dinner Roll Crinkle Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk	29 Happy Summer Break! 

Build a Meal
 Choose 3-5 meal components to build a healthy, balanced meal:
Protein-Whole Grain-Vegetable-Fruit-Milk

-One component must be at least a ½ c fruit **and/or** vegetable to make a meal.
 -Students may choose up to 2 fruit choices and 2 vegetable choices, offered daily.
 -All entrees include: Protein + Whole Grain

→Bringing a lunch? Leave the sides to us!
 Choose a Milk + Veggie + Fruit to complete your meal!
 (Paid/Free/Reduced meal prices apply)

Daily Alternative Choices
 All alternative entrees come with choice of milk, fruit, and/or vegetable.

Chef Salad (Everyday)
Leafy green lettuce topped with grape tomatoes, matchstick carrots, cheese, croutons, and choice of eggs^v, ham, or chicken. Served with dinner roll.

Grab & Go
 Mon/Wed/Fri:
 • Lunch Kits (Compare to Lunchables):
 ○ Pizza: soft mini pitas, cheese, beef sausage, and marinara sauce
 ○ Turkey, Cheese & Crackers: Turkey coins, string cheese, whole wheat crackers & hummus

Tues/Thurs:
 • Peanut-free Wowbutter & Jelly sandwich^v, w/ 1 grain side
 • Protein Power: Low-fat yogurt^v and/or string cheese^v, w/ 1 grain side

FREE water available to every student