



MARCH | 2020

Elementary Lunch

Lunch Prices:

Regular- \$ 2.95
 Reduced- \$0.40
 Adult- \$3.60
 Milk (a la carte)- \$0.50

^v = Vegetarian Item
^p = Contains Pork

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Mini Pepperoni Pizza Calzones Green Beans Assorted Fruits Fresh Veggies Choice of Milk	3 Soft Taco w/ Lettuce & Cheese Cup Refried Beans Assorted Fruits Fresh Veggies Choice of Milk	4 French Toast Sticks ^v w/ Sausage Patty & Syrup Emoji Spuds Assorted Fruits Fresh Veggies Choice of Milk	5 Country Fried Steak & Gravy w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk	6 Bosco Cheese Sticks ^v w/ Marinara Dipping Cup Broccoli Assorted Fruits Fresh Veggies Choice of Milk
9 Grilled Cheese Sandwich Tomato Soup Assorted Fruits Fresh Veggies Choice of Milk	10 Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk	11 Corn Dog on a Stick w/ Dipping Sauce Baked Beans ^p Assorted Fruits Fresh Veggies Choice of Milk	12 Chicken Bites & Dutch Waffle w/ Strawberry Topping Sweet Potato Puffs Assorted Fruits Fresh Veggies Choice of Milk	13 Double Stuffed Crust Cheese Pizza ^v Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk
16 Spring Break No School	17 Spring Break No School	18 Spring Break No School	19 Spring Break No School	20 Spring Break No School
23 Spring Break No School	24 Spring Break No School	25 Spring Break No School	26 Spring Break No School	27 Spring Break No School
30 Chicken Bites & Dutch Waffle w/ Strawberry Topping Sweet Potato Puffs Assorted Fruits Fresh Veggies Choice of Milk	31 Rotini & Meat Sauce w/ Garlic Toast Garlic Roasted Broccoli Assorted Fruits Fresh Veggies Choice of Milk	1 Corn Dog on a Stick Baked Beans ^p Assorted Fruits Fresh Veggies Choice of Milk	2 Beef Teriyaki Dippers w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk	3 Double Stuffed Crust Cheese Pizza ^v Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk

Build a Meal

Choose 3-5 meal components to build a healthy, balanced meal:

Protein-Whole Grain-Vegetable-Fruit-Milk

-One component must be at least a ½ c fruit and/or vegetable to make a meal.
 -Students may choose up to 2 fruit choices and 2 vegetable choices, offered daily.
 -All entrees include: Protein + Whole Grain

→Bringing a lunch? Leave the sides to us!
 Choose a Milk + Veggie + Fruit to complete your meal!

(Paid/Free/Reduced meal prices apply)

Daily Alternative Choices

All alternative entrees come with choice of milk, fruit, and/or vegetable.

Chef Salad (Everyday)

Leafy green lettuce topped with grape tomatoes, matchstick carrots, cheese, croutons, and choice of eggs^v, ham, or chicken. Served with dinner roll.

Grab & Go

Mon/Wed/Fri:

- Lunch Kits (Compare to Lunchables):
 - Pizza: soft mini pitas, cheese, beef sausage, and marinara sauce
 - Turkey, Cheese & Crackers: Turkey coins, string cheese, whole wheat crackers & hummus

Tues/Thurs:

- Peanut-free Wowbutter & Jelly sandwich^v, w/ 1 grain side
- Protein Power: Low-fat yogurt^v and/or string cheese^v, w/ 1 grain side

FREE water available to every student