



FEBRUARY | 2020

Elementary Lunch

Lunch Prices:
 Regular- \$ 2.95
 Reduced- \$0.40
 Adult- \$3.60
 Milk (a la carte)- \$0.50

^v = Vegetarian Item
^p = Contains Pork

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Chicken Patty Sandwich Baked Beans^P Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>4</p> <p>Rotini & Meat Sauce w/ Garlic Toast Garlic Roasted Broccoli Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>5</p> <p>Fish Nuggets w/ Dipping Sauce Shoestring Fries Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>6</p> <p>Chicken Nuggets w/ Dinner Roll Crinkle Cut Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>7</p> <p>French Bread Pizza^V Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk</p>
<p>10</p> <p>Mini Pepperoni Pizza Calzones Green Beans Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>11</p> <p>Soft Taco w/ Lettuce & Cheese Cup Refried Beans Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>12</p> <p>French Toast Sticks^V w/ Sausage Patty & Syrup Emoji Spuds Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>13</p> <p>Country Fried Steak & Gravy w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>14</p> <p>Beloved Bosco Sticks^V w/ Smitten Marinara Sauce Bouquet Broccoli Fond Fruits Valentine Veggies Moonstruck Milk Valentine Cookie!</p>
<p>17</p> <p>President's Day No School</p>	<p>18</p> <p>Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>19</p> <p>Corn Dog on a Stick w/ Dipping Sauce Baked Beans^P Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>20</p> <p>Chicken Bites & Dutch Waffle w/ Strawberry Topping Sweet Potato Puffs Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>21</p> <p>Double Stuffed Crust Cheese Pizza^V Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk</p>
<p>24</p> <p>Chicken Patty Sandwich Baked Beans^P Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>25</p> <p>Rotini & Meat Sauce w/ Garlic Toast Garlic Roasted Broccoli Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>26</p> <p>Fish Nuggets w/ Dipping Sauce Shoestring Fries Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>27</p> <p>Chicken Nuggets w/ Dinner Roll Crinkle Cut Sweet Potato Fries Assorted Fruits Fresh Veggies Choice of Milk</p>	<p>28</p> <p>French Bread Pizza^V Rainbow Mixed Veggies Assorted Fruits Fresh Veggies Choice of Milk</p>

Build a Meal
 Choose 3-5 meal components to build a healthy, balanced meal:
Protein-Whole Grain-Vegetable-Fruit-Milk

-One component *must* be at least a ½ c fruit and/or vegetable to make a meal.
 -Students may choose up to 2 fruit choices and 2 vegetable choices, offered daily.
 -All entrees include: Protein + Whole Grain

→Bringing a lunch? Leave the sides to us!
 Choose a Milk + Veggie + Fruit to complete your meal!
 (Paid/Free/Reduced meal prices apply)

Daily Alternative Choices
 All alternative entrees come with choice of milk, fruit, and/or vegetable.

Chef Salad (Everyday)
Leafy green lettuce topped with grape tomatoes, matchstick carrots, cheese, croutons, and choice of eggs^V, ham, or chicken. Served with dinner roll.

Grab & Go
 Mon/Wed/Fri:

- Lunch Kits (Compare to Lunchables):
 - Pizza: soft mini pitas, cheese, beef sausage, and marinara sauce
 - Turkey, Cheese & Crackers: Turkey coins, string cheese, whole wheat crackers & hummus

Tues/Thurs:

- Peanut-free Wowbutter & Jelly sandwich^V, w/ 1 grain side
- Protein Power: Low-fat yogurt^V and/or string cheese^V, w/ 1 grain side

FREE water available to every student