

Legal Authority: IC 16-41-2-1

Statutes Affected: IC 16-41-2

The specific control measures for COVID-19 (infectious agent: SARS-CoV-2 virus) are as follows:

(1) Every laboratory confirmed case of COVID-19 shall be reported to the local health officer and Indiana Department of Health within twenty-four (24) hours.

(2) For confirmed cases of COVID-19, an investigation should be performed to ascertain the following:

- A. Immunization history.
- B. COVID-19 disease history.
- C. A history of underlying chronic or immunosuppressive disease.
- D. Disease severity and hospitalization.
- E. Characteristics of symptoms, reported as the following:
 - i. Fever or chills
 - ii. Cough
 - iii. Shortness of breath or difficulty breathing
 - iv. Fatigue
 - v. Muscle or body aches
 - vi. Headache
 - vii. New loss of taste or smell
 - viii. Sore throat
 - ix. Congestion or runny nose
 - x. Nausea or vomiting
 - xi. Diarrhea
- F. Name and contact information for employer, school/daycare attended, or any congregate living setting, such as a long-term care facility, jail, correctional facility, or group-living facility.
- G. Identification of any known case of COVID-19 with an epidemiologic link.
- H. Identification and listing of close contacts. A close contact is defined as any individual within 6 feet of an infected person (laboratory confirmed or probable case) for a total of 15 minutes or more within a 24-hour period.

(3) For any confirmed case of COVID-19 in a congregate setting, including schools, preschools, daycare settings, long-term care facilities, jails, correctional facilities, and group-living facilities, an investigation shall be performed to ascertain the following:

- A. Immunization history.
- B. COVID-19 disease history.
- C. Disease severity and hospitalization. (only for group living and long term care facilities)
- D. Name and contact information for school, preschool, or daycare attended, or any congregate living setting, such as a long-term care facility, jail, correctional facility, or group-living facility.
- E. Identification of any known case of COVID-19 with an epidemiologic link.
- F. Identification and listing of close contacts within the congregate setting. A close contact is defined as any individual within 6 feet of an infected person (laboratory confirmed or probable case) for a total of 15 minutes or more within a 24-hour period.
 - a. Exception to the close contact definition: In the K-12 indoor classroom setting, where the classroom does not meet the standards in (6) below, the definition excludes students who were 3 to 6 feet of an infected student (laboratory confirmed or a clinically compatible illness) if both the infected student and the exposed student(s) correctly and consistently wore well fitting masks. This exclusion does not apply to teachers, staff, or other adults in the classroom.

(4) Individuals who test positive for COVID-19 shall isolate, including exclusion from school, preschools, daycare settings, employment, and public places, until:

- A. At least 10 days following the onset of symptoms or, if asymptomatic, at least 10 days from the date of collection of the positive test and must be at least 24 hours fever-free without fever-reducing medications and symptom improvement.

(5) Asymptomatic individuals, unless fully vaccinated or recovered from a COVID-19 infection within the past 90 days, who are identified as a close contact of a COVID-19 case shall quarantine, including exclusion from preschools, daycare settings, employment, and public places, until:

- A. 14 days after the date of last exposure;
- B. 10 days after the date of last exposure, following additional precautions for days 11-14; or
- C. 7 days after date of last exposure with a negative PCR test result occurring on day 5 or later, following additional precautions for days 8-14.

Precautions include monitoring for symptoms, wearing a mask at all times around other people, and maintaining at least six feet of distance from others at all times unless otherwise directed by state or local health authority.

(6) For K-12 schools that have and consistently enforce a face covering requirement for children, students, teachers, staff and others present, close contacts are not required to quarantine and may continue to attend school as long as they are asymptomatic. The close contacts should monitor daily for symptoms of COVID-19. Any symptoms of COVID-19 must prompt immediate removal of the



symptomatic individual from the school environment. The individual should seek testing and isolate. This exception to quarantine only applies in the classroom setting and does not apply to extracurriculars, athletics, etc. For non-classroom settings, follow the exclusion requirements in (5).

(7) Testing is recommended for all close contacts of confirmed or probable COVID-19 cases. Close contacts who test positive, whether symptomatic or asymptomatic, should be managed as a confirmed COVID-19 case.

(8) Individuals who are fully vaccinated (i.e., two weeks have passed since final vaccination dose), are not required to quarantine if exposed. Fully vaccinated individuals who are exposed to a COVID-19 case should monitor for signs and symptoms, get tested on days 3-5 following exposure, and wear a mask for 14 days or until they receive a negative result. If symptoms develop, they should isolate and get tested.

(9) Outbreak control measures. An outbreak of COVID-19 in a non-residential, non-healthcare setting is defined as two (2) or more laboratory confirmed COVID-19 cases that are epidemiologically linked, with onset of illness within a fourteen (14) day period. The cases may be linked by affiliation or attendance at the same school, facility, or workplace. To reach the outbreak threshold, the cases must reside in at least two (2) different households.

(10) Vaccination and disease history for COVID-19 shall be obtained for both cases and close contacts in outbreak investigations.

(11) For outbreak control in public or private schools, daycare settings, preschools, or postsecondary facilities, on the same day that a report of a confirmed COVID-19 case is received, school personnel shall do the following:

- A. Conduct an inquiry into absenteeism to determine the existence of any other cases of the illness.
- B. Immediately report the confirmed case or cases to the local health department and the department.
- C. Send a notice home with each student, attendee, or employee who is required to isolate or quarantine that the student, attendee, or employee shall be excluded from the date of the letter until the appropriate isolation or quarantine period has ended. Students, attendees, or employees who are fully vaccinated or have recovered from a COVID-19 infection within the past 90 days, and are asymptomatic, are not required to quarantine.
- D. Send a notice home to each student, attendee, or employee who has been identified as a close contact but allowed to continue to be in school based on (6) above to instruct on daily monitoring and reporting of symptoms should they occur.

(12) For outbreak control in healthcare settings, all healthcare workers and employees who have been exposed to COVID-19 should be excluded from the facility, unless fully vaccinated, recovered from a COVID-19 infection within the past 90 days, until the appropriate quarantine or isolation period has ended, or unless otherwise directed by state or federal guidance.

(13) For outbreak control in congregate living settings, such as long-term care facilities, jails, correctional facilities, or group-living facilities, all workers and employees who have been exposed to COVID-19 should be excluded from the facility, unless fully vaccinated, recovered from a COVID-19 infection within



the past 90 days, until the appropriate quarantine or isolation period has ended, or unless otherwise directed by state or federal guidance.

(14) COVID-19 vaccine should be offered to all healthy, eligible individuals without medical contraindications. Providers must obtain consent from a parent or guardian for any individual under age 18 who is eligible to receive the COVID-19 vaccine.

(15) Individuals with suspected break-through disease should be investigated and managed as a confirmed COVID-19 case.

(16) The Centers for Disease Control and Prevention and the Council of State and Territorial Epidemiologists set the standard clinical and laboratory case definition.

<https://ndc.services.cdc.gov/conditions/coronavirus-disease-2019-covid-19/>.

