

MAY | 2023

International Cafe Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Chicken Fries Mac and Cheese Carrots <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>2 Chicken Drumstick Biscuit Mashed Potatoes <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>3 Big Daddy's Pizza Celery <u>Alt Choice:</u> Chef Salads</p>	<p>4 General Tso's Chicken Vegetable Fried Rice Broccoli <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>5 Build Your Own Nachos Refried Beans <u>Alt Choices:</u> Asst Chicken Sandwiches</p>
<p>8 Pulled Pork Sandwich Carrots <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>9 Mini Corn Dogs Curly Fries <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>1 Big Daddy's Pizza Cauliflower <u>Alt Choice:</u> Chef Salads</p>	<p>11 Orange Chicken Vegetable Fried Rice Broccoli <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger</p>	<p>12 Bosco Sticks with Marinara Sauce Baked Beans <u>Alt Choices:</u> Asst Chicken Sandwiches</p>

Special Menu!!

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Last Day of School!
Special Menu!!

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Summer Break!

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^v
- Grilled Cheese^v

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

Meal Prices:

Breakfast: \$2.25
Lunch: \$3.50
Adult: \$4.80
Extra Milk: \$0.50