

## **MARCH** 2023

### Mini Marauder Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<sup>27</sup> Mac and Cheese	28 Grilled Cheese	<sup>1</sup> French Bread Pizza	<sup>2</sup> Popcorn Chicken	3 Lunch Kit
Broccoli	Tomato Soup	Baked Beans	Corn	Celery
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
White Milk	White Milk	White Milk	White Milk	White Milk
6 Teriyaki Dippers	French Toast Sticks	Sliced Cheese Pizza Cucumbers Fresh Fruit White Milk	<u>National Meatball Day</u>	1 Bosco Sticks with
Baked Beans	Sausage Patty		Meatball Sub	Marinara Sauce
Dinner Roll	Sweet Potato Wedges		Broccoli	Green Beans
Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit
White Milk	White Milk		White Milk	White Milk
National Cabaci Dualifact Wool				

**National School Breakfast Week** 

# Spring Break

### **Build a Meal**

Each student's meal will contain the following components to make a health, well-balanced meal:

 Protein-Whole Grain-Fruit- Vegetable- Milk

> Protein Power: Yogurt, String Cheese, Grain

Lunch Kit Choices: Pizza or Turkey, Cheese and Crackers

#### **Meal Prices:**

Breakfast: \$2.25 Lunch: \$3.40 Adult: \$4.80 Extra Milk: \$0.50